

### INTEREST GROUPS - Get involved or start your own!



**Wine Lover's Night** – Facilitated by Cathy Passant, hosted at Dianne Ottignon's house. The second event will kick off on Thursday, Dec 9th, and the group will be sampling sparkling wines! The first wine social get-together was a success! So, if you know of anyone else interested make sure to have them Email Cathy. If you are already a member of Cathy's interest group, she will be emailing you the details for Thursday, Dec 9th soon.



**Farmer's Market Group** – Facilitated by Kallie Pitcock. The group will be going to Little Italy Farmer's Market, 10:00 AM, on the 2nd Saturday of the month (for the month of November it is Saturday, Nov 13th). This is a great produce market!!



**Theater Group** – Facilitated by Kallie Pitcock. We will be going to our first show soon for the Christmas season.



**Book Club** - Facilitated by Emily Adamiec. We are currently reading Zeitoun by Dave Eggers. We'll be meeting on Monday November 15th at 6:30 PM at the Pannikin Coffee house in Del Mar as a central location this month. Hope everyone can make it, and feel free to invite other OWC friends. The Dec meeting will be on the 13th (we'll try for non Mondays next year) and reading Catcher in the Rye.

### ADVISOR'S CORNER..... from the desk of Dee Richie

Have you ever wondered who and what is MCCS - Marine Corps Community Services? It is very often the elephant in the room. Over the past year, with my husband at the Station, I have begun to understand that elephant in the room, and how it provides for the Marines and families here at Miramar.

Team MCCS Miramar takes its mission seriously: "Serving Those Who Serve". Many of our local MCCS employees are former active duty military or dependants. They work tirelessly to provide services and support to ensure our quality of life.

Here are a few of the programs that MCCS provides and supports. Marine Corps Family Team Building, Semper Fit, Youth & Teen Center, Air Show, Library, Golf Course, MCX, O'Club, gas stations, Single Marine Program, Paint Ball Arena, Miramar Inn, Auto Shop, The Theater, The Hub, swimming pools.... This is only a portion of what they do!

I would love to share more about this dedicated team that serves us so well. If you have questions about the organization or its programs, please don't hesitate to ask. If I don't have the answer - I have learned just who does have the answers there at MCCS!!

- Dee Richie

Check out the MCCS Flight Jacket on Pages 12 & 13 of this Newsletter

### Calendar

#### November

- 13th Farmers Market Group
- 15th Book Club Meeting
- 28th Gate Decorating 1:00 pm

#### December

- 1st O'Club Tree Decorating 5:30 pm
- Board Meeting 7:00 pm, O'Club
- 9th Wine Tasting Group 6:30 pm
- 10th HoHoHo Party 6:00 pm, O'Club

### 2010 / 2011 Board Members

President .....	Kallie Pitcock
Vice-President .....	Leanne Migliori
Treasurer.....	Adriane Leader
Recording Secretary .....	Jackie Maxwell
Corresponding Secretary/	
Membership .....	Liz Ritter
Honorary Advisor .....	Bev Conant
Honorary Advisor .....	Kelly O'Donnell
Honorary Advisor .....	Dee Richie
Newsletter/Graphic Design ...	Crystal Nieman
Newsletter .....	Sherri Brown
Webmaster.....	Stevi Colby
Historian .....	Libby Leary
Parliamentarian .....	OPEN
Marketing/Publicity.....	OPEN
Golf Tournament Chair.....	OPEN
Monster Dash Chair .....	Erin Tavernier
Scholarship Chair .....	Lauren Maschner
Christmas Tree Decor .....	Cathy Passant

# MONSTER DASH

The 2010 OWC Miramar Monster Dash  
 'Twas the morning before Halloween, when the racers arrived.  
 They came by the car full, all tennis shoes tied.  
 The sky was all angry, filled with many a dark cloud,  
 But the committee was ready, of their race they were proud.  
 The morning was cold, as it rained and it poured,  
 But when the gun rang, those little Monsters did soar.  
 The 1K was a hit, each little runner did fly.  
 In costumes they ran, with their first runner's high.  
 Then it was time for the day's main event.  
 Speeches were made and well wishes were sent.  
 Then the 5K started, followed shortly by the 10.  
 All the runners out running, both women and men.  
 And through the rain the runners did run.  
 Not once caring about the cold, only the fun.  
 And they crossed all our runners, military and civilians alike,  
 Across the finish line, names call out on the mike.  
 The Day was a success, lots of money we raised.  
 Many a runner with lots of great praise.  
 And as the day came to an end, the wind cried out real fast,  
 Save the date for the next year's Monster Dash!!!

The Entire 2010 Monster Dash Committee thanks all the OWC for their many months of support and encouragement. We are beyond excited with the over 300 registrants who joined us out by the flight line in the cold autumn rain. The Day was beyond a success, despite the weather. Many a seasoned runner has complimented us on the difficulty of our 10K course and the rave reviews are still pouring in, by both word of mouth and email. Thank you once again to all our volunteers and all of you who came out to run. This race never would have been as successful without all your support.





## Scholarship Opportunity Ashford University

The deadline is November 21, 2010. The web address to the Ashford Homefront Heroes Website. It's a short, online application for military spouses and is available to spouses of both officers and enlisted. The beauty of online education is that it is totally conducive of the constant changes in military spouses lives. Once enrolled, you can continue taking classes no matter where you live and how much you move.

Five winners will be chosen to receive full scholarships at the Associate's and Bachelor's degree levels. (Names will be removed for the reviewing process) Please visit the website below for more information and the online application.

[www.ashfordhomefromtheroes.com](http://www.ashfordhomefromtheroes.com)

## Squadron News

Greetings from the Sea Elks!

Following our re-designation to VMM (MV-22 squadron), we have been excited to join the Miramar Osprey community with VMM-161 and soon-to-be VMM-561. In the last few months our squadron has grown rapidly, with scores of young Marines from V-22 training schools and the return of our experienced former CH-46 mechanics and pilots who excelled in their transition training. We've recently enjoyed some great events and achievements, such as the unveiling of our first MV-22B Osprey (we will soon have four aircraft), a fun-filled Halloween party, and record-setting performance on the Safe-For-Flight maintenance department inspection. We would like to welcome Kathleen Mann and her husband, the newest members of the Sea Elk family.

Ashley Boorstein

## Oct Social Flight Suit Party!



# Upcoming Events!

## Gate Decorating

Come help decorate the front gate!

Sunday, November 28th.

Meet behind the Base Theatre at 1:00 PM.

Gate decorating is a tradition that Miramar OWC celebrates every year. The members decorate the front gate with a wreath, garland, etc for Christmas. We also hand out cookies to the PMO's working the gate. Anybody can bring cookies if they desire. It is recommended that the cookies be pre-bagged to hand out. You can bring the cookies to the base theatre at 1:00, or if you need to drop them off earlier, you can email [miramarowcpresident@gmail.com](mailto:miramarowcpresident@gmail.com) to arrange drop off.



## HoHoHo Party (printable flyer on next page)

It is that time a year again, time for our ANNUAL HOHOHO Party at the O'Club on Dec 10th at 6pm. The HoHoHo Party raises money for our Ways and Means fund which is money for local charities distributed at the end of our fiscal year. We will be having our Unit "baskets" donated for our silent auction, chinese raffle, and the famous Unit Ornament Contest. \*HINT\* The secret to winning the ornament contest is attendance so please come out and support your unit. If you would like to donate something to our Chinese raffle or have any other questions about this event please feel free to contact me at [leemiggs@yahoo.com](mailto:leemiggs@yahoo.com). Can't wait to see you there!!!



Leanne Migliori

## November Birthdays!

Dana Evans, Nov 5th

Jennifer Corkill, Nov 13th

Helen LeBlanc, Nov 17th

Kathy Davis, Nov 29th



Join our Group on Facebook!  
OWC Miramar ( Officers' Wives' Club)





# HoHoHo Party

December 10, 2010

6:00 PM

O'Club Entryway

Be you naughty or nice,  
Come out for the FUN.

There will be a Raffle,  
Silent Auction,  
Unit Ornament Contest &  
Appetizers in the bar.

Questions? Contact Leanne Migliori: [leemiggs@yahoo.com](mailto:leemiggs@yahoo.com).

Miramar Officers' Wives Club  
Board Meeting Minutes  
November 3, 2010

I. Welcome to all board members and unit representative. Sign in sheet was passed around.

II. Call to Order at 7:09pm.

Cathy Passant approves. Erin Tavernier seconds.

III. Minutes from last meeting (emailed to the membership)

Erin Tavernier approves. Cathy Passant seconds.

IV. Officers Reports

President Kallie Pitcock, HMM 165(REIN) [kallie.pitcock@gmail.com](mailto:kallie.pitcock@gmail.com)

*Kallie gave a big THANK YOU to those volunteers who were actively involved with the Monster Dash. She emphasized how much work had gone into this event. Planning started last summer!!*

Vice-President Leanne Migliori, HMM 166 [leemiggs@yahoo.com](mailto:leemiggs@yahoo.com)

Treasurer Adriane Leader, HMM 165 (REIN) [adrianeleader@hotmail.com](mailto:adrianeleader@hotmail.com)

*Adriane went over the monetary amounts acquired from the Monster Dash. "We are doing incredible. We have a \$200 donation for scholarship, and that is on top of the money collected from Monster Dash. We currently have \$2200 in the accounts, before totaling any profits made from the Monster Dash, that will be used towards scholarship."*

Recording Secretary Jackie Maxwell, HMM 163(REIN) [jacqueline roman03@gmail.com](mailto:jacqueline roman03@gmail.com)

Corresponding Sec. Liz Ritter, HMM 163(REIN) [princessliz\\_369@yahoo.com](mailto:princessliz_369@yahoo.com)

**Parliamentarian OPEN**

Advisors

Bev Conant 3rd MAW

Kelly O'Donnell 3rd MAW

Dee Richie MCAS Miramar

## V. Committee Reports

### Christmas Décor

Cathy Passant, 3rd MAW

[cpassant1@san.rr.com](mailto:cpassant1@san.rr.com)

*Come an hour and ½ early before next month's meeting – 1730, we will decorate the tree set up at the front of the O'club. Drink your wine, and enjoy each other's company. Ornaments used are from past years. The goal is a social time for everyone to get together and get ideas for the HoHoHo party.*

### Historian

Libby Leary, 3rd MAW

[LearyLRobert@earthlink.com](mailto:LearyLRobert@earthlink.com)

*"Libby has been taking great pictures and has posted them on Facebook. Check them out! You must request to join." – Kallie Pitcock*

*On that note...*

*"At the General Officer's supposium, there was a lot of Facebook discussion. The Commandant is concerned about Facebook postings regarding OPSEC concerns. Please be careful of the details you put into posts and information online. Make sure to double-check photos for identifying items in the background that may violate operational security issues. Strong concerns were raised for "places I've checked into" AP for your iPhone. Go under privacy settings in the account: deselect the option "places I've checked into" in order to not use it. Otherwise it may be activated without your knowledge."*

*– Kelly O'Donnell*

*\*Also...please update the captions of the photos on Facebook to specify what those pictures are from, not necessarily who the people are, but it creates a better way to organize the photos for those who want to know the events we put on and do as a club.*

### Golf Tournament

**OPEN**

*"Sherri Brown has taken sponsorship, the hardest position. But we still need a chair. This position is simply delegating, and making sure proper steps are followed. I am willing to go step-by-step with this person." – Kallie Pitcock*

*–Lauren Maschner- "We have a few spouses from our squadron that are interested in co-chairing the position." – Lauren Maschner, VMGR 352*

*"Please encourage those ladies (and any others from other squadrons and units aboard the base) to email me! The person who takes this position must be a member. But, you will not have anything to do until the spring. The club and base are extremely supportive of your and your efforts in this position!"*

*– Kallie Pitcock*

Graphic Designer

Crystal Neiman, MALS 11

[Crystal\\_neiman@hotmail.com](mailto:Crystal_neiman@hotmail.com)

*"I need information from unit reps for the newsletter. Due the day after each month's meeting." - Crystal*

*A sign-in sheet was sent around asking for people to sign up for a month to tell about their unit, their socials and their ladies.*

**Marketing/Publicity    OPEN**

Membership

Liz Ritter, HMM 163(REIN)

[princessliz\\_369@yahoo.com](mailto:princessliz_369@yahoo.com)

*"Our membership directory will go out electronically or on paper. Get your membership to me ASAP if you want a paper directory. It must arrive to me no later than Nov 15.*

*To clarify, you checked a box on the membership form if you did not wish to have your information published in the directory. You also had a choice on the membership form whether or not you want a paper or electronic copy of the directory.*

*If you would like to put an ad into the directory, you need to get the information in to Liz ASAP to have it in the paper directory."*

*Liz then showed the membership the new Miramar OWC stationary, used for correspondence between the club and our sponsors, donor, etc.*

*The only thing still needed to complete Corresponding Secretary's resources might be letterhead.*

*Lastly, Liz invited the membership to welcome Tiffany from HMM 361.*

Monster Dash

Erin Tavernier, VMFA(AW) 121

[itsgorman@hotmail.com](mailto:itsgorman@hotmail.com)

*First, Erin wanted to recognize all of the volunteers involved with the Monster Dash. These individuals included but were not limited to the Monster Dash Committee as well as those individuals who came to work one shift at RoadRunner and hand out flyers.*

*She directly recognized the Monster Dash Committee, as follows:*

*Angi Moyer, VMFA(AW) 121*

*Erica Fox Wlotko, VMFA (AW) 121*

*Leanne Migliori, HMM 161*

*Melissa Trombetti, HMM 166*

*Lois Arbogast, HMM 462*

*Erin requests that the membership make sure to thank any/all of these ladies for all they did.*



*Lastly, Erin turned to Dee Richie and said, "Dee, you and your husband... thank you for all you did to help us. When we ran into a door, you found the doorknob" a gift was given to the Richie's on behalf of the Monster Dash Committee.*

*\*\*On that note, Erin is moving. This is an event that needs to be started early. "the reward is worth the work that goes into it." A thank you was given to Erin for all of her work too.*

*"I have to say that some of the closest friendships are made through the committees" – Leanne Migliori*

**Scholarship**                      Lauren Maschner, VMGR 352      [lauren.maschner@gmail.com](mailto:lauren.maschner@gmail.com)

*A scholarship is available for all spouses. It is called 'The Ashford University Homefront for Heroes Scholarship' Its deadline is set for Nov 21, 2010. A paper was passed around about this scholarship*

*Then, Lauren presented the club with an outline of the scholarship committee's commitments. She passed around a sign-up sheet for those who were interested in serving on the committee. She went on to explain that the obligations of commitment for a Philanthropy chair were beyond her time schedule. Since originally the idea would be to pair the Scholarship Chair with the Philanthropy Chair. Therefore, a Philanthropy Committee is needed to be organized. "I am willing to help with facilitate the Philanthropy Committee, we just need someone to step up and take on organizing and running it." - Lauren*

**Webmaster**                      Stevi Colby, VMFA-T 101      [stevi.fawcett@gmail.com](mailto:stevi.fawcett@gmail.com)

*"I've been working with Dan, our webmaster aboard the base. The information passed is that our website will no longer be on its own. It will be joined with the main Miramar website.*

*Membership cannot be paid online (through paypal) because it is a large cost that would be spent on this instead of socials and club events." - Stevi*

**Philanthropy**                      **OPEN**

## VI.            Old Business

**Gate Decorations (Monday, Nov. 29th or Tuesday, Nov. 30th) – 2 Squadrons Need to Volunteer – Kallie Pitcock**

*Gate decorating is a tradition that Miramar OWC celebrates every year. The members decorate the front gate with a wreath, garland, etc for Christmas. We also hand cookies to the MP's working the gate. Any of the Club Members are responsible for bringing those cookies. Other squadron wives are encouraged to bring cookies if they desire. It is recommended for the cookies to be in bags to be handed out!*

*However, we need 2 squadrons (the wives present do NOT have to be members, it can be a social for the unit) to volunteer to decorate the gate. All materials are located on base at the theater. There is a binder with the decorations that gives exact directions. The membership is welcome to come out and help, and*

*we will have members who have done it in previous years, so you will know exactly what to do. But, we need to designate specific squadrons to take the responsibility of being there. The squadrons who sign up need to notify PMO. \*\*If you and your squadron are interested in volunteering to take part in this event, please let Kallie know!*

*\*On a side note, there is possible flexibility on the dates set for decorating. Let Kallie know what your squadron is thinking and she will help with contacting to find out about a date change.*

#### HOHOHO Party – Leanne Migliori

*The date for this party is set for Friday, Dec 10. Emails have been sent out!*

*The better the attendance, the better your votes for your own unit's ornament.*

*Base legal has given specific guidelines on solicitation. Let Leanne know if you would like a digital copy of this letter.*

*A sign-up sheet was sent around for the basket giveaways. 'A literal "basket" is not necessary. It is meaning a silent auction prize.' – Kelly O'Donnell*

*Please give Leanne a starting bid for your "basket".*

*'Baskets' and your ornament are due from each unit on Friday, December 10. A window between 10:00am -2:00pm will be open for you to bring by your unit's items to Leanne and Liz at the O'Club. Help is needed for setting up the room for the event from 10:00am-2:00pm as well.*

*Crystal has made a flyer that will be sent out for the event. Once you are given this flyer, please make sure it is hung in the ready rooms for all officers to see!!*

#### Fill committee positions

*Reminder from Kallie that we have open Committee Positions if anyone is interested!*

#### Interest groups – Get involved or start your own!

*Wine lover's night –Facilitated by Cathy Passant, hosted at Dianne Ottignon's house. The event will kick off on Thursday, Dec 9, and the group will be sampling sparkling wines! The first wine social get-together was a success! So, if you know of anyone else interested make sure to have them Email Cathy. If you are already a member of Cathy's interest group, she will be emailing you the details for Thursday, Dec 9 soon.*

*Farmer's Market Group – facilitated by Kallie Pitcock. The group will be going to Little Italy Farmer's Market, 10:00am, on the 2nd Saturday of the month (for the month of November it is Saturday, Nov 13th). This is a great produce market!!*

*Theater group – facilitated by Kallie Pitcock. We will be going to our first show soon for the Christmas shows, tickets will need to be ordered soon*

*Emails will go out on all Interest groups' events soon! Keep an eye out!!*

After action reports – Leanne Migliori

*After action reports are needed for the committees and the interest groups. Make sure to be concise, and contact Leanne for the electronic version of the AAR.*

VII. New Business

None at this time.

VIII. Announcements

**\*\*Any email sent out to the entire membership from someone in charge of an event/decision, Kallie and one other exec member needs to approve!**

**\*\*Please pass on to your unit wives, that if they sign up for an event voluntarily, make sure to follow through or notify the committee chairs if you are not able to attend!**

IX. Adjournment at 8:00pm. Approved by Leanne Floom.

Ruffle Drawing – Winners... Leanne Migliori-bottle of red wine

Erin Tavernier-bottle of white wine

---

*Notes provided on the Meeting Agenda to those in attendance::*

*Please go to the link below for information on the upcoming Divas Convert at MCAS Miramar in Hangar 1 on Dec 3, 2010.  
<http://www.mccsmiramar.com/divas-info.htm>*

*Disney has issued a press release about this offer with a few more details. Active and retired U.S. military personnel may purchase up to six tickets, but one of the six (6) tickets purchased must be for use by the eligible service member or his/her spouse. Disneyland is also extending a 40% discount on rooms at the three Disneyland Resort Hotels, subject to availability and other restrictions. This offer is valid for stays most nights now through Oct. 1, 2010, with blackout days for Nov. 24-Nov. 26, 2010 and Dec. 26-Dec. 31, 2010. Valid military ID is required at check in. Contact your travel agent or call the Walt Disney Travel Company at (714) 520-5045.*

*Military Families who register will get a \$2 credit in their account to put toward their first trade, and they are able to upgrade to our annual PRO membership at a 33% discount. The site is by invitation only, so folks should register using the military specific invitation code: [www.thredup.com/militarywives](http://www.thredup.com/militarywives).*



## **MCCS FLIGHT JACKET PAGE**

### **November 12 - 18, 2010**

#### **Calendar of Events**

- Sat, Nov 13 -Knott's Berry Farm Trip for ALL Enlisted Service Members, \$1/person, The Great Escape, 858-577-6171
- Mon, Nov 15 -New Parent Support Program Baby Boot Camp 9 am – 3:30 p.m., L.I.N.K.S. House, 858-577-9812  
-Intramural Singles Tennis Tournament Starts, 11 a.m. – 1 p.m., 858-577-1202  
-Alcoholics Anonymous and Al-Anon Meetings, 6:30 p.m., Counseling Center, 858-577-6585
- Tues, Nov 16 -Family Readiness Volunteer Training, 9 a.m. – 2 p.m., MCFTB Conference Room, 858-577-1322  
-Turkey Leg Ping Pong Tournament, 11:15 a.m. & 9 p.m., The Great Escape, 858-577-6171  
-Tobacco Cessation Class (3 of 3), 11:30 a.m. – 12:30 p.m., Semper Fit Center, 858-577-1331 to register  
-Beyond the Brief: Fight like a Girl, 6:30 – 8:30 p.m., Youth & Teen Center, 858-577-6306
- Wed, Nov 17 -Dollar Day Wednesday Golf: \$1.00 Golf All Day for Miramar Active Duty, 858-577-4155  
\*N/MC Relief Society Budget for Baby Class, 9 a.m. – 11:30 p.m., L.I.N.K.S. House, 577-1807 to register  
-FREE Golf Clinic for Active Duty, 11:30 a.m. – 1 p.m., Golf Course, 858-577-4155  
\*Career Resource Center, "Federal Jobs & Applications", 1 - 3:30 p.m., The Hub Room 132, 858-577-6710  
-Right Hand Man Night, 4 – 6 p.m., Officers' Club, 858-577-4808  
-Karaoke Night, 7 p.m., Legends Sports Grill, Food/Drink Specials, 858-693-1543
- Thurs, Nov 18 -Great American Smokeout – National Smoking Cessation Day, 858-577-1331 for information  
-MCCS Family Appreciation FREE Movie Day, 2 p.m., Theater, 858-577-6365

*\*More information on the event is available below.*

#### **MCCS FREE PRIZE GIVEAWAYS...**

ITT/Travel Office: Hornblower Dinner Cruise for Two

***Winner will be drawn on November 30***

***Stop in and fill out an entry form today!***

#### **SHOP AT THE MCX...**

60% off Effy Citrine Jewelry	November 1 – 30
Veterans Day Sale	November 3 – 14
MCX Holiday Sale	November 3 – 14
2010 Holiday Wish Book	November 3 – December 24
MCX Gifts to Go	November 10 – December 24

#### **WE'RE HERE TO SERVE YOU...**

##### **NAVY/MARINE CORPS RELIEF SOCIETY BUDGET FOR BABY CLASS**

Are you expecting a baby? Learn how a new baby can impact your finances. You'll learn about variations in pay and increased expenses, common consumer pressures targeting new parents and entitlements available through government and private sources. This FREE class will be held on Wednesday, November 17 from 9 – 11:30 a.m. in the L.I.N.K.S. House. Workshop graduates receive a beautiful coordinated layette of bedding, clothing, baby book and a handmade blanket all packed in a tote or duffle bag. Call 858-577-1807 to register or for more information.

### **VISIT THE CAREER RESOURCE CENTER**

The Career Resource Center (CRC), located in The Hub (Building 5305), is open Monday – Friday from 7 a.m. – 6 p.m. and offers FREE information and assistance to aid military service members, retirees, veterans, DoD civilian employees and their family members in their career planning and job search. The two primary programs are Transition Assistance and Family Member Employment Assistance. The CRC includes reps from DAV, Veteran's Affairs and California EDD and provides a variety of resources such as computer programs, internet access, reference library, job listings and career fairs. Call 858-577-6710 for more information.

### **CHECK OUT THE OUTDOOR ADVENTURE CENTER**

Camping to the east; Kayaking to the west; Parties to the south, and Skiing to the north....Whatever your destination, the Outdoor Adventure Center is your place to rent! Check out our rental equipment before you buy! The Outdoor Adventure Center – your key to the great outdoors! Located in Building 6673 (across from the main gas station). Call 858-577-4150 for more information.

### **BOB HOPE THEATER**

Fri. Nov 12:

You Again (PG) 6:30 p.m.

Easy A (PG-13) 9:00 p.m.

Sat. Nov 13:

Alpha and Omega (Not 3D) (PG) 6:30 p.m.

Devil (PG-13) 9:00 p.m.

Sun. Nov 14:

Easy A (PG-13) 1:00 p.m.

\*The American (R) 6:30 p.m.

Wed. Nov 17:

Wall Street: Money Never Sleeps (PG-13) 6:30 p.m.

Thurs. Nov 18:

FREE Admission: Legend of the Guardians (Not 3D) (PG) 2:00 p.m.

The Town (R) 6:30 p.m.

\*Indicates Last Showing